

## SOULFREE'S SIXTH ANNUAL REPORT (2018-19)

Soulfree is maturing fast as we have completed our sixth year of operations on September 7, 2019. We started with under 50 beneficiaries and have grown to **565** at the moment. Despite progress in every facet of our service, it has been a difficult year for Soulfree as we have faced many challenges.



**TRANSCENDING TROUBLES** – Our Gift Boxes, comprising of nearly **35** essential medical and day-to-day supplies

were sent to as many as **420** beneficiaries. This is a great success for us, and yet there was a problem with a software that was being used, which led to many addresses being misprinted. As a result, many packages were returned and had to be sent once more to the right address. This pitfall has led us to learn more about the software and now we have mastered it and, with God's grace the next Gift Box drive will be completed with professional precision. It has been a great learning experience for us, and despite the setbacks we faced, our triumph was that we still succeeded in ensuring all our beneficiaries receive their gift boxes in time.



Soulfree's beneficiaries proudly show off their new wheelchair cushions, which could save their lives by preventing pressure sores.

**NEW AND IMPACTFUL PROJECTS** – Recognising that Infected Pressure Sores are the leading cause of death in persons with SCI, Soulfree, for the first time ever, has completed the donation of **420** specially designed wheelchair cushions. After months of collecting data and doing extensive groundwork, the project was completed in the first week of February 2019. As the MRP of the cushion is ₹ **1850** per unit, this is a great achievement for us and we feel blessed to have accomplished this task.

Apart from the wheelchair cushion, we are continuing our various projects like donation of wheelchairs, airbeds, umbrellas for the homeless disabled etc. We take great pride in ensuring that our beneficiaries receive the best quality product, right at their doorstep without any fanfare or advertisement, thereby ensuring their dignity.



One of the halls in the building allocated to Soulfree for the construction of our SCI Rehab Centre

### THE SOULFREE REHAB CENTRE PROJECT –

Our greatest victory this year is also our greatest challenge – after four years of struggle, Soulfree has succeeded in receiving allocation of a **16,000 ft<sup>2</sup>** building from the Government of Tamil Nadu. This building is in disrepair and we are currently working on renovating it to set

up India's first Integrated Spinal-Cord Injury Rehabilitation Centre that will accept women on a first priority basis. As the proposed budget for this project is nearly Rupees One Crore, our work to raise funds, connect with government officials with regards to a long-term lease agreement so that we may extend our service with freedom, and finding staffing solutions to make our dream a reality has been an extraordinary challenge and will continue into the next year, but we know it has the potential to save many more lives in the future.

**EMBRACING THE FORSAKEN**– Quietly, with great support from the District Collector of Tiruvannamalai, our respected Mr Kandasamy, Soulfree has embarked on a project to provide home-based nursing care for persons suffering from life-threatening bed sores, who are more or less abandoned by their own families. We have succeeded in saving at least around **20** lives thus far and hope to continue this work.

We have received recognition through two prestigious awards this year – The Adarsh Mata Puraskar and "World of Women (WOW) – Inspiration of the Year" Award presented by The Hindu Group. It is also noteworthy that our efforts to break barriers on the basis of disability continues with our co-founder, Preethi Srinivasan becoming perhaps the first woman with a 90% disability to ever be given admission into the PhD program of any of the IITs in their illustrious history. The icing on the cake this year

is the appearance of Preethi's Soulfree journey in the English Literature book of the 10<sup>th</sup> standard State Board textbook.

Till today, Soulfree has no paid employees not because there is no work, but because we wish to ensure that our overheads are absolutely minimal, so that all the donations we receive reach the beneficiaries. We have also sought advice from a new and highly experienced Auditing firm and are making



WOW Awards – Preethi receives a standing ovation from a star-studded audience, with renowned actress Trisha Krishnan in the first row, placing her hand on her heart in acknowledgement of Preethi's service. Preethi received the "Inspiration of the Year" award from the Hindu group in 2019.

every effort to keep our accounting practices completely transparent as we grow. I'm confident that we have established a strong foundation from which we can leap to the next phase of growth and development. My gratitude, as always, goes to our volunteers, sponsors and well-wishers without whom, we wouldn't be able to create the positive impact we strive towards. Our genuine intentions, passion for service and the blessings from the divine are taking us from strength to strength, but we have just begun and the road ahead is challenging. We have a steep learning curve ahead of us and humbly seek your blessings and support, now and always.

In humble gratitude,

Preethi S.

Co-founder Soulfree

Thiruvannamalai

07. 09. 2019

Contact details for Soulfree Public charitable trust are:

WEBSITE: [www.soulfree.org](http://www.soulfree.org)

E-MAIL: [preethi@soulfree.org](mailto:preethi@soulfree.org)

FACEBOOK: [Soulfreetrust](https://www.facebook.com/Soulfreetrust)

TWITTER: [@preetistan](https://twitter.com/preetistan)

PHONE: +919994282299

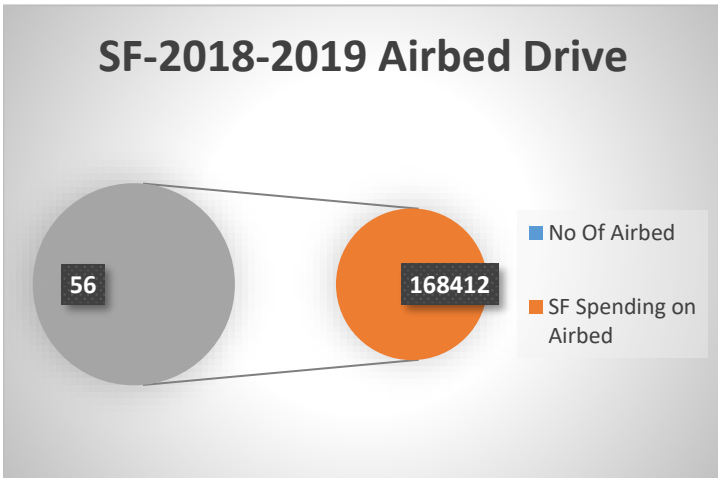
WHATSAPP: +919994477147

# Soulfree 2018-2019 Expenditure report

Soulfree” is a charitable organization that was born out of a dream to provide hope for the severely disabled. After personally experiencing and also hearing about the stories of many paraplegics and quadriplegics - especially women - Preethi was moved to start Soulfree with the aim of setting souls free!

## Airbed Drive

Soulfree has provided 56 Airbed spending Re 1,68,412/- for the period 1st Apr 2018 to 31st Mar 2019.

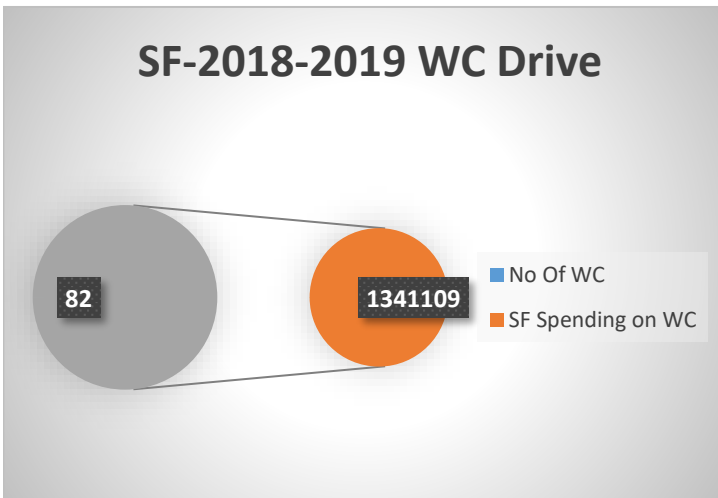


Airbed Drive	
No Of Airbed	SF Spending on Airbed
56	168412



## Wheelchair Drive

Soulfree has provided 82 wheelchair spent Re13,41,109/- for the period 1st Apr 2018 to 31st Mar 2019.

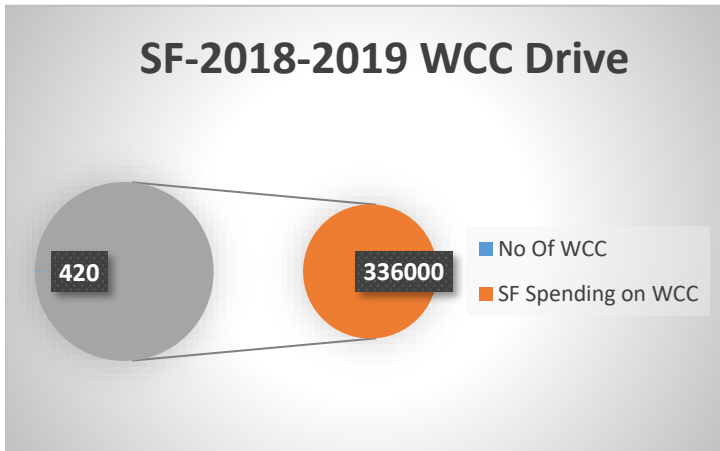


Wheelchair Drive	
No Of WC	SF Spending on WC
82	1341109



## Wheelchair Cushion Drive

Soulfree has provided 420 wheelchair cushion spent Re336000 for the period 1st Apr 2018 to 31st Mar 2019.

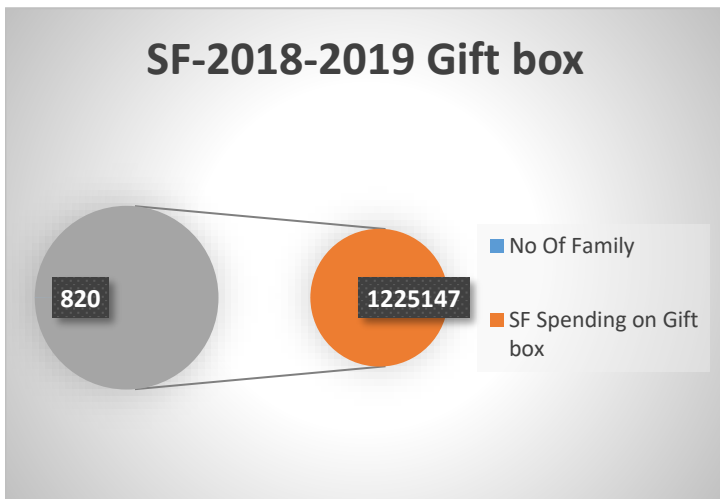


Wheelchair Cushion Drive	
No Of WCC	SF Spending on WCC
420	336000



## Gift box drive

Soulfree has provided Gift box for 820 beneficiaries spending Re 1225147/- for the Period 1st Apr 2018 to 31 March 2019

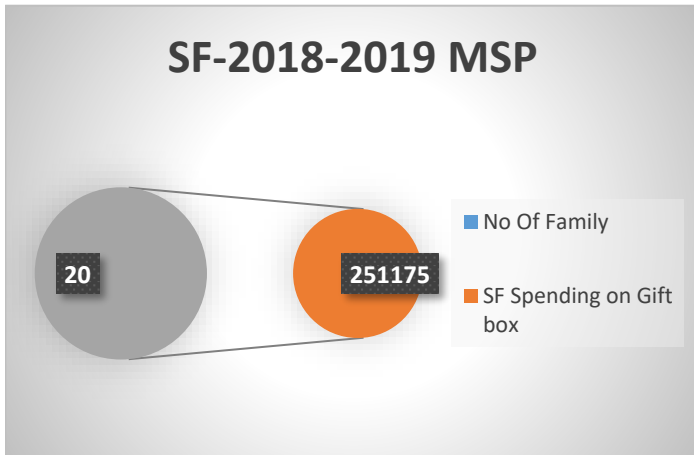


Gift box Drive	
No Of Family	SF Spending on Gift box
820	1225147



## Mothly Stipend program

Soulfree has supported 20 Such families spending Re 2,51,175/- for Period 1st Apr 2018 to 31 March 2019.



MSP Program	
No Of Family	SF Spending on Gift box
20	251175

